



THE ABUNDANT LIFE

GOD'S PLAN FOR YOU

THE CHRISTIAN BROADCASTING NETWORK

DEEPEN YOUR
faith
AND RENEW
YOUR
purpose



JESUS SAID, “I have come that they may have life, and have it to the full” (John 10:10 NIV). That’s His promise, not just life after death, but abundant life here and now.

Yet so many believers never fully experience this kind of life. They know Jesus as Savior, but not as the source of daily joy, peace, and purpose. Abundant life is not the same as eternal life. Eternal life is the gift of grace that secures our future with Him. Abundant life is the gift of relationship that transforms our present reality.

To live abundantly is to live differently. It’s not measured by wealth, health, or comfort, but by the fullness of Christ’s presence in every circumstance. Storms may still come, but peace remains because Jesus—the Giver of Life—reigns over them all.

This devotional is an invitation to rediscover what it means to live abundantly, not striving for perfection, but walking in the power and presence of Jesus. Together, we’ll explore what Scripture teaches about being born again, living from a new identity, and walking daily in resurrection life. As you read, take a few moments at the end of each day to pause and reflect. Ask the Holy Spirit to speak to your heart, renew your mind, and show you how to live fully alive in Christ.

Let’s venture on this journey of abundant life that God planned for you.



DAY 1

You Must Be Born Again

Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again. ... 'You must be born again.'" 1 Peter 5:7 NIV

When Jesus told Nicodemus, "You must be born again," He wasn't talking about a physical rebirth but a spiritual one. The truth is, without this second birth, we cannot experience the fullness of life God intends for us. Being "born again" means the Spirit of God gives new life to our hearts; a life that sees, hears, and responds to the kingdom of heaven even while living on earth.

This is the beginning of abundant life. Before Christ, we may have existed, but we weren't truly alive. When we are born again in Christ, we begin a new kind of life; one marked by transformation, hope, and intimacy with God. Spiritual rebirth isn't a one-time event; it's a continual renewal as we surrender daily to His transforming work. Each day we die a little more to self and come more fully alive in Him.

God didn't save us to make us better versions of our old selves; He made us entirely new. His Spirit now dwells within us, empowering us to walk in freedom, love, and victory.

REFLECTION

Are you living in your new life in Christ, or are you still clinging to old patterns of thinking and striving? Invite the Holy Spirit to renew your heart today.

PRAYER

Heavenly Father, thank you for new birth through Your Spirit. Help me to walk as one who has been made new; no longer bound by my past, but alive with Your purpose and peace. In Jesus' name, Amen.

THE
ABUNDANT
LIFE

IF ANYONE
is in Christ



DAY 2

If Anyone Is in Christ

*This means that anyone who belongs to Christ has become a new person.
The old life is gone; a new life has begun! 2 Corinthians 5:17 NLT*

Abundant life begins with belonging. To be “in Christ” means more than believing in Him; it means living in union with Him. Through His Spirit, our identity is no longer defined by our mistakes, fears, or past failures, but by His righteousness, peace, and love.

Transformation isn’t about behavior modification; it’s about heart renewal. When we belong to Christ, the power of sin loses its grip. We no longer strive to prove ourselves, allowing us to live from the secure identity of being God’s beloved children.

The world may still see the same face, but inside, everything has changed. We think differently, love differently, and see others through God’s eyes. The abundant life is a daily journey of transformation—where His grace rewrites our story one surrendered moment at a time.

REFLECTION

Ask yourself: In what areas of my life am I still clinging to the “old me”? How can I invite Christ to transform those areas today?

PRAYER

Lord Jesus, thank You for making me new. Teach me to live from my new identity in You: free, forgiven, and full of Your transforming love. Amen.

THE
ABUNDANT
LIFE

**WE TOO MAY
LIVE A**
new life



DAY 3

We Too May Live a New Life

*Just as Christ was raised from the dead through the glory of the Father,
we too may live a new life. Romans 6:4 NIV*

The abundant life begins at the cross. Something in us must die so that something new can live. When we surrender our old ways of sin and self-reliance, we make room for the resurrection power of Christ to raise us to newness of life.

This death isn't tragic, though it can be painful; it's beautiful. It's where pride gives way to humility, fear yields to faith, and striving surrenders to peace. Every time we die to sin—whether through forgiveness, obedience, or letting go of control—we experience another layer of resurrection life.

God's promise is not a pain-free existence but a powerful one. The same Spirit that raised Jesus from the dead lives in you, empowering you to overcome darkness with light.

REFLECTION

What do you need to “die to” today so that you can live more fully in Christ?

PRAYER

Lord, thank You for raising me from death to life. Help me to surrender every part of me that resists Your will so I can live in the freedom and joy of Your resurrection power. In Jesus' name. Amen.

THE
ABUNDANT
LIFE

**NOT BY
WORKS BUT**
by His mercy



DAY 4

Not by Works, But by His Mercy

*He saved us, not because of the righteous things we had done,
but because of His mercy. Titus 3:5 NIV*

God's abundant life is not earned, it's received. So many of us live as if we must prove our worth to God, checking spiritual boxes and striving for perfection. But abundant life begins when we rest in His mercy, knowing that His love is not conditional but complete.

Religion says, "Do more." Relationship says, "It is finished." Jesus' death on the cross ended the cycle of striving. Now, He invites us to walk with Him in peace, not performance.

This mercy transforms duty into delight and service into joy. It's not about following rules to earn God's favor but about loving Him because we already have it. Gratitude becomes the overflow of a heart touched by His grace, and it's that gratitude that moves us to obey, to serve, and to walk closely with Him. That's the freedom of abundant life; a life rooted in grace, not guilt.

REFLECTION

Are you living from relationship or from religious obligation?

PRAYER

Gracious Father, thank You for saving me by Your mercy. Teach me to rest in Your grace and walk in the freedom of knowing that I am loved, accepted, and redeemed. In Jesus' name. Amen.

THE
ABUNDANT
LIFE

**A LIVING
HOPE
THROUGH
THE**
resurrection



DAY 5

A Living Hope Through the Resurrection

Because God raised Jesus Christ from the dead. ... Now we live with great expectation, and we have a priceless inheritance. 1 Peter 1:3, 4

The resurrection isn't just an event in history; it's the heartbeat of our faith and the source of our living hope. Because Jesus lives, we live with purpose, no matter what we face.

Abundant life doesn't mean we escape trials; it means we face them with unshakable hope. The same power that rolled away the stone is at work in us today, lifting our heads, renewing our strength, and reminding us that nothing is impossible for God.

Every morning, we wake up to new mercy and new reasons to hope. Even when our circumstances don't change, our hearts can, because Jesus' victory is ours.

REFLECTION

Where have you lost hope? Invite the resurrected Christ to breathe new life into that area today.

PRAYER

Lord Jesus, thank You for the living hope I have because You are alive. Help me to live each day with resurrection faith, trusting that Your power is greater than anything I face. Amen.

THE
ABUNDANT
LIFE

**BROUGHT
FORTH
BY THE**
word of truth



DAY 6

Brought Forth by the Word of Truth

He chose to give birth to us by giving us His true Word. And we, out of all creation, became His prized possession. James 1:18 NLT

To be alive in Christ is to be awakened by truth: God's Word spoken into our hearts, revealing who He is and who we are in Him. His Word doesn't just inform; it transforms. It births faith, renews our minds, and shapes us to reflect His image in the world.

When we receive the Word, we receive life. Abundant life flows not from our circumstances but from alignment with His truth. The Bible is our guidebook, and it's the living voice of the One who created us.

Each day, as we open Scripture and listen to His Spirit, we grow more alive—more joyful, more compassionate, more like Jesus.

REFLECTION

How is God's Word shaping your thoughts, words, and actions today?

PRAYER

Father, thank You for giving me life through Your Word. Help me to treasure Your truth and live it out with joy so that others see Your life reflected in me. In Jesus' name. Amen.

THE
ABUNDANT
LIFE

BORN OF
imperishable
seed



DAY 7

Born of Imperishable Seed

For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. 1 Peter 1:23 NIV

The life God gives is eternal because it's rooted in what can never die—His Word. When we are born again, we receive a life that outlasts the grave. This is the foundation of abundant living: we live in the power of the resurrection every day.

Because we have been born again through God's living and enduring Word, the life within us is not fragile or temporary. It is sustained by what is eternal. This new birth invites us to live each day in the power of Christ's resurrection, letting His life shape our thoughts, renew our desires, and guide our steps. As we turn away from our old patterns and surrender to His Spirit, His imperishable life grows in us, producing faith, hope, and obedience that reflect His glory.

Abundant life is not measured by comfort but by Christ's presence in every season. We live differently because we know the story ends with victory.

REFLECTION

Where is God inviting you to experience resurrection life today?

PRAYER

Lord, thank You for the imperishable life You've planted in me. Help me to die daily to self and live each day in the power of Your resurrection, reflecting Your glory until I see You face to face. In Jesus' name. Amen.

THE
ABUNDANT
LIFE

THE ABUNDANT LIFE

Life's challenges can feel overwhelming, but God offers hope, purpose, and lasting joy. Discover how to walk in His promises when you download CBN's free resource, The Abundant Life, and be encouraged to live fully in the life God has for you.



DOWNLOAD TODAY!



Scripture is quoted from: The Holy Bible, New Living Translation, copyright © 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved; The Holy Bible, New International version®, NIV® Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.® Used by permission. All rights reserved worldwide.